

Goldilocks and the Three Bears



An Early Years and Primary curriculum-based activity sheet for the whole family

Read

Read the story together and talk about it. You can find it here: tinyurl.com/pen-goldilocks-three-bears.

Ask questions about what is going on in the story. How are the characters feeling?

Did you know...

Bears have a very good sense of smell—much better than humans!

Find out some more facts about bears.

What different kinds of bear are there?

What can you find out about them?

Make Porridge

Make some porridge together! Try adding fruit or spices to change the flavour. You can find a porridge recipe here: tinyurl.com/pen-porridge.

Can you scale the recipe up or down for different amounts?



Make a recipe book of your family's favourite foods! You could include drawings.

Make a Den

The Three Bears lived in a little cottage in a forest. Make a den and pretend that it is your cottage in the woods! Gather some sheets, blankets and cushions and drape them over chairs, sofas or tables to make your den.

How are you helping?

- Reading stories together and talking about them helps to develop language.
- Making porridge together can help to make healthy eating fun, and make sure children have a healthy start to the day.

Sock Puppets



Make sock puppets and perform the story of Goldilocks and the three bears for your family! Find instructions here: tinyurl.com/pen-sockpuppet

Tell us a joke...

Q: Why do bears have fur coats?

A: They would look silly with a rain coat on!

*Do you know any more jokes?
Can you make up your own?*