



SpeechWise

## Narrative Therapy: Home Practice

Narrative is the ability to retell an event or story in an organised, coherent and logically sequenced way.

Narrative Therapy is an approach that supports children by teaching them a way to structure their language using 'WHO', 'WHERE', 'WHAT' and 'WHEN' questions.

The idea is that children learn to understand and answer these questions and recognise the colour and symbol to go with each. These symbols can then be used later to help them structure their language when telling stories or talking about things they have done.

### Activities to practice 'WHO' at home



- Looking at family photos and talking about **WHO** is in each one.  
You could
  - walk round the house looking at photos on the wall
  - sit on the sofa and scroll through your camera roll/google photos
  - dig out some old photo albums (it can be funny to look at mum/dad/granny etc when they were young)
- Play 'Guess **WHO**'. You could:
  - Use the actual game (if you have it)
  - Use the pictures attached or find pictures of your child's favourite cartoon characters to make your own. Ask your child to choose **WHO** you need to guess from the pictures and hide it from you. You need to try and guess **WHO** they chose by asking yes/no questions e.g. do they wear glasses? Are they an animal? Do they have brown hair? At the end get you child to say **WHO** they have in their hand.
- Play '**WHO** does it belong to?'
  - Collect together objects from different family members or small world objects and put them in a bag or box e.g. dad's sock, mum's hairbrush, baby's toy car, dog's collar.
  - Ask your child to pull out an object and ask the question **WHO** does this belong to? When it is your turn have fun and be silly by guessing it wrong and get your child to correct you.
- Reading a story. Ask your child questions like:
  - **WHO** is in the story?
  - **WHO** is feeling happy?
  - **WHO** is going to Grandma's house?



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## Narrative Therapy **WHO**



Who?

While playing WHO games/activities make sure that you have a **WHO** symbol with you (cut out and laminate the symbols below). It is really important to point to/show the symbols to your child when you are using the word **WHO** as much as you can.

You can also use the **Makaton sign** for **WHO** (make a small circular motion with your hand) when you say the word.



Who?



Who?



Who?



WHO pictures



28 Faces game



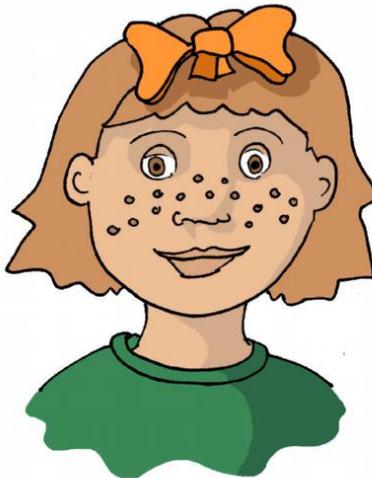
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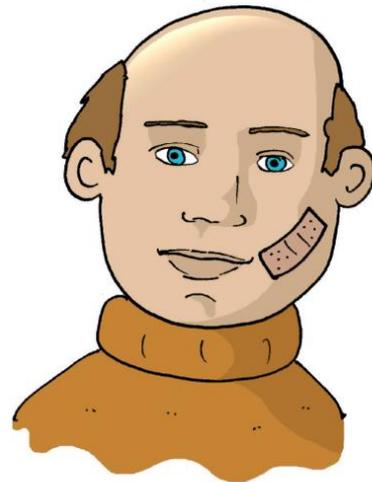
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