



SpeechWise

## Narrative Therapy: Home Practice

Narrative is the ability to retell an event or story in an organised, coherent and logically sequenced way.

Narrative Therapy is an approach that supports children by teaching them a way to structure their language using '**WHO**', '**WHERE**', '**WHAT**' and '**WHEN**' questions.

The idea is that children learn to understand and answer these questions and recognise the colour and symbol to go with each. These symbols can then be used later to help them structure their language when telling stories or talking about things they have done.

### Activities to practice '**WHERE**' at home



- Look at family photos and talk about **WHERE** you are in each one.  
You could
  - walk round the house looking at photos on the wall
  - sit on the sofa and scroll through your camera roll/google photos
  - dig out some old photo albums (you could even look at old holiday pictures and then show them **WHERE** you went on a map).
- Play '**WHERE** is it?'. You need to:
  - Choose a few items e.g. small word figures, a teddy or ball and hide them around the room. Now run and look for them with your child asking "**WHERE** is the ball?"
  - When you find the item you can then ask "**WHERE** was the ball?" e.g. 'under the table'. Initially you can answer the question yourself e.g. "It was under the table" to give your child a good model, after a few try leave a pause to see if they will answer.
- Play '**WHERE** does it go?'. You need to:
  - Collect together objects from around the house e.g. wooden spoon, toilet paper, pillow (you could even collect things that are lying around that need putting away)
  - Put them in a bag/box and pick one out asking "**WHERE** does it go?" e.g. in the bathroom. Initially model the answer till your child understands the concept, move on to trickier ones e.g. the screw driver from the garage, when you can.
  - Take the item to the place **WHERE** it belongs (if you have siblings you could make it fun by giving them an item each and racing to see who can take the item first)
  - When they get back reinforce the **WHERE** and ask "**WHERE** did you put the brush?"
- Reading a story. Ask your child questions like:
  - **WHERE** did Peppa go? (to the park)
  - **WHERE** is tree? (next to the house)



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## Narrative Therapy **WHERE**



While playing **WHERE** games/activities make sure that you have a **WHERE** symbol with you (cut out and laminate the symbols below). It is really important to point to/show the symbols to your child when you are using the word **WHERE** as much as you can.

You can also use the **Makaton sign** for **WHERE** (make small circular motions with your hands) when you say the word.

